

Goal: *To help you reach heightened levels of clarity, energy, courage, productivity, and influence on your march to a successful, healthy, and fully charged life.*

Instructions:

Please answer the questions below and on the following page to the best of your ability and email to me before our call.

Your Full Name: _____

Phone Number: _____

Email: _____

Address: _____

City, State, Zip _____

Occupation: _____

Please briefly describe how you heard about my coaching services and why you would like a Strategy Session with me:

Please rate yourself in the following areas of your life on a scale of 1 (lowest) to 10 (highest):

Clarity: 1 2 3 4 5 6 7 8 9 10
Do you feel you are clear about who you are, your purpose, and the direction you want to go in life?

Energy: 1 2 3 4 5 6 7 8 9 10
Do you consistently have enough mental and physical energy needed to excel, accomplish your goals, and feel motivated and happy?

Courage: 1 2 3 4 5 6 7 8 9 10
Do you take action and consistently express who you truly are and what you truly think, need, and desire with the world?

Productivity: 1 2 3 4 5 6 7 8 9 10
Are you consistently focused and effective, and are you good at minimizing distractions and maintaining priorities?

Influence: 1 2 3 4 5 6 7 8 9 10
Do you feel you have the social influence with your family, friends, and team needed to accomplish your goals?

Briefly answer the FIVE questions below:

1. What are your top 3 goals you are striving to achieve right now?

2. What major stressors or challenges are you struggling with right now?

3. What would your dream life look like if you could wave a wand and make it happen?

4. What else has prevented you from having that dream life?

5. What 3 big changes would you like to make in your life in the next 12 months?

Thanks for taking the time to complete this.

Please email back to me your responses and after receiving them, I'll be in touch with you to set up your Free Success Strategy Session.

Save your form, attach it to an email and send to me at:
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